

# JCTR BASIC NEEDS BASKET

Luanshya

September 2019

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	128.83 25 kg bag	2 x 25Kg	257.67
Rice	80.83 5kg	4kg	64.67
Cassava Flour	5.93 1kg	6kg	35.56
(Sweet) Potatoes	5.74 1 Kg	4 Kg	22.94
Beans	21.96 1kg	3kg	65.88
Pounded Groundnut	32.77 1kg	1kg	32.77
Soya Pieces	23.59 1 kg	2kg	47.19
Beef	42.33 1kg	2kg	84.67
Chicken	55.67 2kg	5kg	139.17
Kapenta	186.57 1kg	1kg	186.57
Eggs	10.83 1 unit (10 eggs)	3 Trays (90 eggs)	97.50
Milk (Fresh)	7.33 500 ml	10 liters	146.67
Vegetables	167.31 40 Kg	40kg	167.31
Onion	13.05 1 Kg	4 Kg	52.20
Tomatoes	10.44 1 kg	6 kg	62.66
Banana	11.32 1 Kg	16 Kg	181.04
Other Fruits	15.86 1 kg	14 Kg	222.03
Cooking oil (2.5lts)	59.33 2.5lt	3.6lt	85.44
Salt	8.30 1 Kg	1 Kg	8.30
Tea	16.17 250g	250g	16.17
<b>Subtotal</b>			<b>ZMW 1,976.38</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	129.60 90kg bag(s)	2 90kg bag(s)	259.20
Soap (Lifebuoy/Champion)	10.60 Tablet(s)	3 Tablet(s)	31.80
Wash soap (BOOM)	10.20 400g	4 400g	40.80
Jelly (Vaseline)	19.60 500ml	1 500ml	19.60
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	190.00 Month(s)	1 Month(s)	190.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,000.00
Sanitary towels	11.50 Pack of 10	2 Pack of 10	23.00
Toilet Paper (2ply)	18.00 Tissue(s)	6 Tissue(s)	108.00
Lotion (Dawn)	21.25 250ml	1 250ml	21.25
<b>Subtotal</b>			<b>ZMW 2,993.65</b>
<b>Total for Basic Needs Basket</b>			<b>ZMW 4,970.03</b>

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	50.00	Mpatamatu-Town	20.00
Grades 8-9 (User + PTA/year)	600.00	Roan - Kalala	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	250.00		
School Uniform (Grades 8-9)	450.00		
School Uniform (Grades 8-12)	450.00		
<b>Health</b>		<b>Fuel (cost at the pump)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	15.98
Self-referral (Emergency Fee)	50.00	Diesel (per litre)	14.23
Malaria test	10.00	Paraffin (per litre)	13.02

## (D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

### Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 26<sup>th</sup> September 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The September Basic Needs Basket is approximately US\$382 based upon the exchange rate of K13 per US\$ prevailing during period of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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